**ABNORMALITY**

**-Definitions**

Deviation from social norms (including 3 limitations: named, explained & applied)

Deviation from ideal mental health (including 3 limitations: named, explained & applied)

Failure to function adequately (including 3 limitations: named, explained & applied)

**-Explanations**

**Biological** explanations of abnormality (Genetics, biochemistry (+ either brain structure or infection) & 3 evaluation points: named, explained & applied)

Behavioural explanations of abnormality (classical conditioning + operant conditioning & 3 evaluation points: named, explained & applied)

Cognitive explanations of abnormality (maladaptive thinking + cognitive triad & 3 evaluation points: named, explained & applied)

PSYCHOLOGICAL

Psychodynamic explanations of abnormality (unconscious mind + psyche (+ either defence mechanisms or psychosexual stages of development) & 3 evaluation points: named, explained & applied)

HINT: use reductionism as one of your evaluation points for all explanations, then you only have to learn two more for each.

**-Treatments**

**Biological** treatments (Drugs: anti- depressant, anti psychotic + anti anxiety & ECT + 3 limitations for each: named, explained & applied)

Behavioural treatments (systematic desensitisation + 3 evaluation points: named, explained & applied)

PSYCHOLOGICAL

Cognitive treatments(CBT + 3 evaluation points: named, explained & applied)

Psychodynamic treatments(Psychoanalysis: dream analysis, free association + 3 evaluation points: named, explained & applied)

**SOCIAL INFLUENCE**

**-Types of conformity**

Compliance (+ an example)

Internalisation (+ an example)

**-Explanations of conformity**

CONFORMITY

Normative social influence (+ an example)

Informational social influence (+ an example)

Evaluation of the explanations

**-Key study**

ASCH (+ 3 evaluation points: named, explained & applied)

**Key study**

MILGRAM (+ 2 evaluation points- ensure you include ethics)

**-Why people obey?**

OBEDIENCE

Buffers (+ supporting research from Milgram’s original research & 1 variation)

Legitimate authority (+ supporting research from Milgram’s original research & Bickman or Hofling)

Agency Theory (+ supporting research from Milgram’s original research & 1 variation)

Gradual Commitment (+ supporting research from Milgram’s original research)

-**Independent behaviour**

Resisting conformity (Prior commitment + role of allies & supporting research for both, from variations of Asch’s research) + (Either individuation OR time to think)

Resisting obedience (Questioning motives, disobedient models + feeling responsible & supporting research from variations of Milgram’s research) + (Reactance)

LOC (internal + external & 3 evaluation points: named, explained and applied)

-**Implications for social change**

How might research findings be used to bring about social change (democratic voting system + to prevent criminal reoffending + enlightenment effect & corresponding evaluation)

How has research been used to bring about social change (snowball effect + social crypto amnesia & evaluation including, Moscovici + one real life example of minority influence i.e Rosa Parks/Martin Luther King)

**STRESS**

-**Stress as a bodily response**

Pathways (Sympathomedullary pathway pituitary adrenal pathway)

Stress related illness & the immune system (3 ways in which stress leads to illness & effects the immune system & **Key study** COHEN + 3 evaluation points: named, explained and applied)

-**Stress in everyday life**

Life events (**Key study** RAHE + 3 evaluation points: named, explained and applied)

Daily Hassles (**Key study** NEWMAN + 3 evaluation points: named, explained and applied)

Personality (Type A, B + Hardy & **Key study** FRIEDMAN & ROSENMAN + 3 evaluation points: named, explained and applied)

Workplace (workload + control & **Key study** MARMOT + 3 evaluation points: named, explained and applied)

-**Stress Management**

Biological treatment (Drugs: BZ’s + Beta Blockers & 3 evaluation points: named, explained and applied)

Psychological treatment (Stress inoculation therapy & 3 evaluation points: named, explained and applied)