**ABNORMALITY**

**-Definitions**

Deviation from social norms (including 2 limitations)

Deviation from ideal mental health (including 2 limitations)

Failure to function adequately (including 2 limitations)

**-Explanations**

**Biological** explanations of abnormality (Genetics + biochemistry & 2 evaluation points)

Behavioural explanations of abnormality (classical conditioning & 2 evaluation points)

Cognitive explanations of abnormality (maladaptive thinking & 2 evaluation points)

PSYCHOLOGICAL

Psychodynamic explanations of abnormality (unconscious mind + psyche & 2 evaluation points)

HINT: use reductionism as one of your evaluation points for all explanations, then you only have to learn one more for each.

**-Treatments**

**Biological** treatments (Drugs: anti- depressant + anti psychotic & ECT + 2 limitations for each)

Behavioural treatments (systematic desensitisation + 2 evaluation points)

PSYCHOLOGICAL

Cognitive treatments(CBT + 2 evaluation points)

Psychodynamic treatments(Psychoanalysis: dream analysis + 2 evaluation points)

**SOCIAL INFLUENCE**

**-Types of conformity**

Compliance (+ an example)

Internalisation (+ an example)

**-Explanations of conformity**

CONFORMITY

Normative social influence (+ an example)

Informational social influence (+ an example)

**-Key study**

ASCH (+ 2 evaluation points)

**-Key study**

MILGRAM (+ 2 evaluation points- ensure you include ethics)

OBEDIENCE

**-Why people obey?**

Buffers (+ supporting research from Milgram’s original research)

Legitimate authority (+ supporting research from Milgram’s original research)

-**Independent behaviour**

Resisting conformity (Prior commitment + role of allies & supporting research for both, from variations of Asch’s research)

Resisting obedience (Questioning motives + disobedient models & supporting research for both, from variations of Milgram’s research)

LOC (internal + external & 2 evaluation points)

-**Implications for social change**

How might research findings be used to bring about social change (democratic voting system + enlightenment effect & corresponding evaluation)

How has research been used to bring about social change (snowball effect + social crypto amnesia & evaluation including, Moscovici + one real life example of minority influence i.e Rosa Parks/Martin Luther King)

**STRESS**

-**Stress as a bodily response**

Pathways (Sympathomedullary pathway pituitary adrenal pathway)

Stress related illness & the immune system (at least 1 way in which stress leads to illness & effects the immune system & **Key study** COHEN + 2 evaluation points)

-**Stress in everyday life**

Life events (**Key study** RAHE + 2 evaluation points)

Daily Hassles (**Key study** NEWMAN + 2 evaluation points)

Personality (Type A, B + Hardy & **Key study** FRIEDMAN & ROSENMAN + 2 evaluation points)

Workplace (workload + control & **Key study** MARMOT + 2 evaluation points)

-**Stress Management**

Biological treatment (Drugs: BZ’s + 2 evaluation points)

Psychological treatment (Stress inoculation therapy + 2 evaluation points)